



Why are these tests used?

Ultrasound and FibroScan are **safe, simple and effective non invasive imaging techniques** that help assess liver health. They answer different questions, so **the right test depends on your symptoms, risks and medical history**. Early assessment is one of the most effective steps you can take to protect your liver.



Abdominal ultrasound

What it is

A scan that uses sound waves to create images of the liver and surrounding organs.

What It Shows

- Liver size and shape
- Signs of fatty liver
- Cysts or tumours
- Bile duct narrowing or blockage
- Blood flow patterns if Doppler is included

What To Expect

- You will lie on an examination couch
- Gel is applied to the skin for clearer images
- The scan usually takes 10 to 15 minutes
- No recovery time is needed

Before you attend your test

- Wear loose clothing
- Avoid large meals for a few hours before FibroScan if advised
- Bring previous results if available
- Ask your clinician which test is most suitable for your situation



Fibroscan

What It Is

A specialised scan that measures liver stiffness and fat content using vibration waves.

What It Shows

- Degree of fibrosis or scarring
- Amount of liver fat
- Risk of advanced liver disease

What To Expect

- You lie on your back with your right arm raised
- A probe is placed on the skin between the ribs
- You will feel a light tapping sensation
- The whole test takes 5 to 10 minutes

