

Alcohol use disorders identification test (AUDIT)

WORLD
LIVER
DAY



AUDIT is a comprehensive 10 question alcohol harm screening tool. It was developed by the World Health Organization (WHO).

Questions	Scoring system					YOUR SCORE
	0	1	2	3	4	
How often do you have a drink containing alcohol?	Never	Monthly or less	2 to 4 times / month	2 to 3 times / week	4 times or more / week	<input type="text"/>
How many units of alcohol do you drink on a typical day when you are drinking?	0 to 2	3 to 4	5 to 6	7 to 9	10 or more	<input type="text"/>
How often have you had 6 or more units if female, or 8 or more if male, on a single occasion in the last year?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	<input type="text"/>
How often during the last year have you found that you were not able to stop drinking once you had started?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	<input type="text"/>
How often during the last year have you failed to do what was normally expected from you because of your drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	<input type="text"/>
How often during the last year have you needed an alcoholic drink in the morning to get yourself going after a heavy drinking session?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	<input type="text"/>
How often during the last year have you had a feeling of guilt or remorse after drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	<input type="text"/>
How often during the last year have you been unable to remember what happened the night before because you had been drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	<input type="text"/>
Have you or somebody else been injured as a result of your drinking?	No		Yes but not in the last year		Yes during the last year	<input type="text"/>
Has a relative or friend, doctor or other health worker been concerned about your drinking or suggested that you cut down?	No		Yes but not in the last year		Yes during the last year	<input type="text"/>

TOTAL AUDIT SCORE

SCORING

0 to 7 indicates low risk
8 to 15 indicates increasing risk
16 to 19 indicates higher risk,
20 or more indicates possible
dependence

8 and above: Drinking at this level increases the risk of damaging your health and could lead to serious medical conditions.

If the score is 20 or above, refer to specialist alcohol harm assessment.

